TC Online Institute

2024-2025 Catalogue



Trauma Healing Courses for Front Line workers and Individuals Impacted by Trauma



The Mindset of a Human Trafficker

Survivor of Trafficking interviewed a former Pimp

149.99+ tax



Can you see me Now?

Trauma informed victim care for Front-I ine Workers

\$149.99+ tax



Trauma Lab

The Science of Trauma and recovery For Front-line Workers and Individuals

\$149.99 + tax



"Really great informative training. Timea thank you and your friends/colleagues for taking the time to put this training together and to share your experiences with others, that takes the utmost strength and resilience. I have greatly benefitted from this training and will be recommending this training to other colleagues and community partners"

- Victim Services, Employee.

"Very great and informative training, I will definitely be sharing with my colleagues/community partners. Thank you, Timea, and your friends/colleagues for taking the time to put this training together and to share your experiences, that takes the utmost strength and resiliency." - Police Officer, Toronto, Ontario

I found the training to be extremely educational and truly increased my knowledge and confidence if I were to encounter a human trafficking victim. I very much appreciated hearing about other victims' stories and watching their videos explaining their experiences. - Victim Services Employee



The Mindset of a Human Trafficker

Typically, human trafficking training opportunities explore vulnerabilities that lead to an individual being victimized by a trafficker; rarely do they focus on vulnerabilities from the perpetrator's perspective and how they become engaged as a trafficker. This training opportunity explores upstream prevention approaches that can intervene to support youth at risk of becoming a trafficker.

4 hours



Can you see me now?

This is comprehensive training for front-line workers to understand the mindset of a Human Trafficked victim from the survivor's perspective—their mindset before they were trafficked, while being trafficked and after rescue.

The training also offers raw but highly effective tools for front-line workers on how to support victims of trafficking during crisis court or transitional stages.

3 hours



Trauma Lab

Trauma Lab is a new and highly anticipated course that focuses on the healing journey following the crisis stages. Timea's new content tackles Unresolved Trauma, Generational Trauma, and more.

Trauma Lab is suggested for Individuals impacted by trauma, individuals supporting others, and front-line workers and social workers.

60 min